

You Can Do It!



Children Have Rights Too

Everyone in the world has rights, even children. **Do you know what they are?** Known as the "3 Ps": Provision, Protection, and Participation, they are as follows:

Provision:

- **Life:** Each child must be able to live free from abuse and neglect.
- **Food:** All children have the right to eat food to stay healthy.
- **Health:** Children have the right to healthcare to protect them disease and illness.
- **Water and sanitation:** Children have the right to safe drinking water and improved sanitation.
- **Education:** Each child has the right to go to school and receive an education.

Protection:

- **Right to Identity:** Each child has the right to have a name.
- **Right to Protection:** Children have the right to live free from mistreatment, discrimination, and exploitation.

Participation:

- **Right to Freedom:** Children have the right to an opinion and to participate in decisions which affect his (her) life.

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**I'm proud to be
who I am!**



SOME DAYS
YOU HAVE TO
CREATE
YOUR OWN
SUNSHINE

**It takes inner strength
to fight your fears.**



Be The CHANGE
YOU WANT TO
SEE in The
WORLD

**I must first love myself
before I can love others.**



TREAT Others
as YOU want
TO BE TREATED



**Remember, it's
ok to say NO!!**





**Be proud of
who you are.**



