

# Dengue Fever

By Areana Taylor

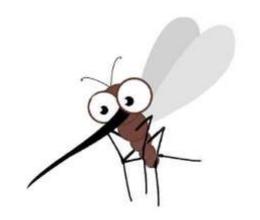


One day Sarah was outdoors and noticed some mosquitos flying around.



Ooops! Sarah was bitten by mosquitoes that carry the dengue virus.

### What is Dengue Fever?

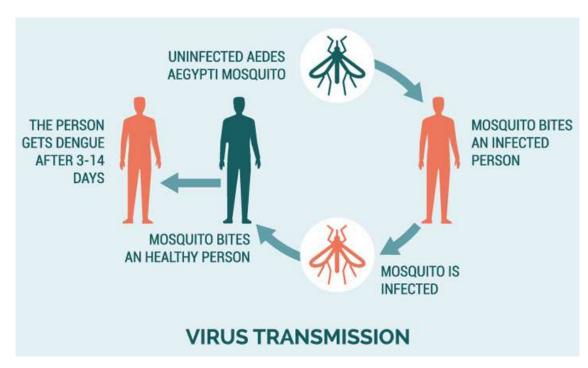


Dengue Fever is a mosquito-borne viral infection.



YouLearn Educational Series

(c) copyright 2020



This diagram shows you how you contract the virus.

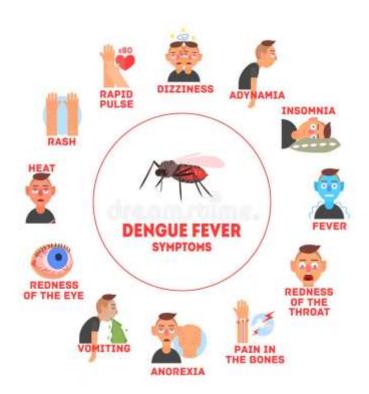
YouLearn Educational Series

(c) copyright 2020



Sarah has developed a rash, fever and stomach ache. Could she have Dengue Fever?





Yes, Sarah is showing signs of Dengue Fever: vomiting, rash, fever/headaches, muscle/joint pain, stomach pain and diarrhea.





There is no specific medicine for dengue fever, but you can take pain relievers, rest and drink plenty of fluids.



Sarah should take aspirin to reduce her fever, headache, and muscle pain.





Sarah is not improving and it has been over a week.



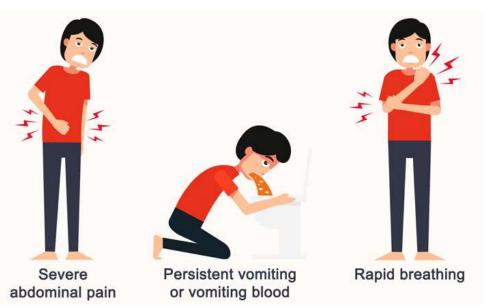
YouLearn Educational Series
(c) copyright 2020



It's time for Sarah to see a doctor. He will give her some medicine so she can feel better.



YouLearn Educational Series
(c) copyright 2020



If left untreated can develop into Dengue shock syndrome which can lead to the following...

## How Can I Prevent Dengue Fever?



Here are some ways to prevent Dengue Fever



## Myths & Facts

Myth: You can only be infected once in a

lifetime

FALSE! You can be infected multiple

times!

Myth: Dark clothes attract mosquitoes FALSE! Clothing colors do not attract mosquitos.



### References

- <a href="https://www.webmd.com/a-to-z-guides/dengue-fever-reference">https://www.webmd.com/a-to-z-guides/dengue-fever-reference</a>
- https://www.cdc.gov/dengue/symptoms/index.html
- https://www.mayoclinic.org/diseases-conditions/dengue-fever/symptomscauses/syc-20353078



YouLearn Educational Series

(c) copyright 2020

YouLearn Educational Series provides the low literate reader with educational materials in an easy to understand format; developed in cooperation with Texas A&M University School of Public Health, PHLT303, class 2020.

For additional information on healthcare booklets, please contact: <a href="mailto:info@youlearnacademies.org">info@youlearnacademies.org</a> – a leader in educational materials for the rural poor since 2014. <a href="https://www.roseacademies.org">https://www.roseacademies.org</a>



Texas A&M School of Public Health
Transforming health through interdisciplinary inquiry,
innovative solutions, and development of leaders.
https://public-health.tamu.edu



YouLearn Academies

Educational resources for Low Literate Readers

<a href="https://www.youlearnacademies.org">https://www.youlearnacademies.org</a>



