




Belle Learns About Measles

By Isabelle Beckley

Hello! My name is Belle!

- My name is Belle. I love going to school where I learn new things everyday.
- Today my teacher will be talking about Measles.
- I'm really excited to learn about this disease!

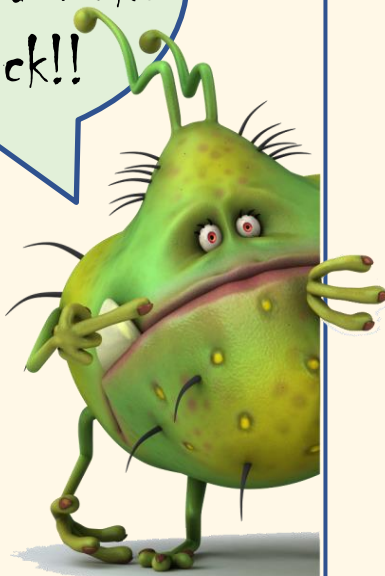




Hello class!
Today I will talk
about Measles.

What is Measles?

Measles is a viral infection
that's serious for small children
but is easily prevented with
vaccination.



I'm the measles
virus and I make
you sick!!

Measles is highly contagious



Wait! I have a question. My brother has measles. Can I get it from him?

YES! Measles is a highly contagious viral disease.



How does it spread?



Measles spreads easily through the air when a sick person coughs or sneezes. These droplets carry the virus through the air and infect the other person who is not sick.



What happens next?



You won't show symptoms right away..

All About Measles

Measles symptoms don't appear right away.

In about 10 to 14 days after you are exposed to the virus you will begin to show symptoms

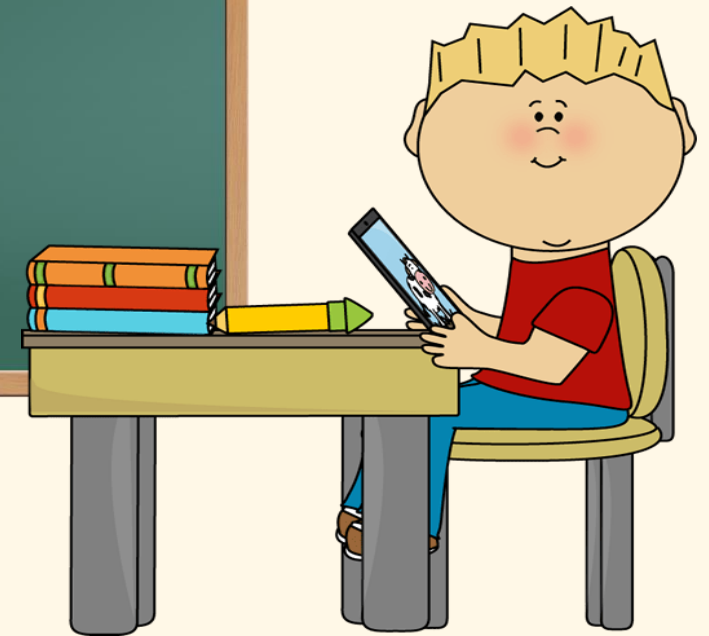
We are ready to make you sick.

How will I know I have measles?



These are some of the symptoms of measles:

- Cough
- runny nose
- sore throat
- red, blotchy skin rash



More Measles Symptoms



Here are some other symptoms

- High fever
- Red, watery eyes
- Diarrhea



Measles Symptoms



Measles Symptoms



Measles is readily identified by a rash or red spots that start on your face and quickly spread to the rest of your body.



How can I prevent getting Measles?



Get the measles vaccine!
Vaccination is the best
prevention to avoid getting
this serious disease.

Aaugh!!
Not the
Vaccine!!!



Measles is dangerous for pregnant women

- Measles, also known as **rubeola**, is **extremely dangerous for pregnant** women, causing stillbirths or miscarriage.
- **Rubella** is another form of Measles. It is also very dangerous for the pregnant woman. If she gets rubella during early pregnancy, **chances are that the baby will suffer severe birth defects.**
- **Vaccination is the best prevention for this deadly disease!**



Home Remedies



Home remedies:

- Fever reducers
- Stay hydrated
- Get plenty of rest
- Stay out of the sunlight
- Avoid exercise or activities



When it's time to see a doctor

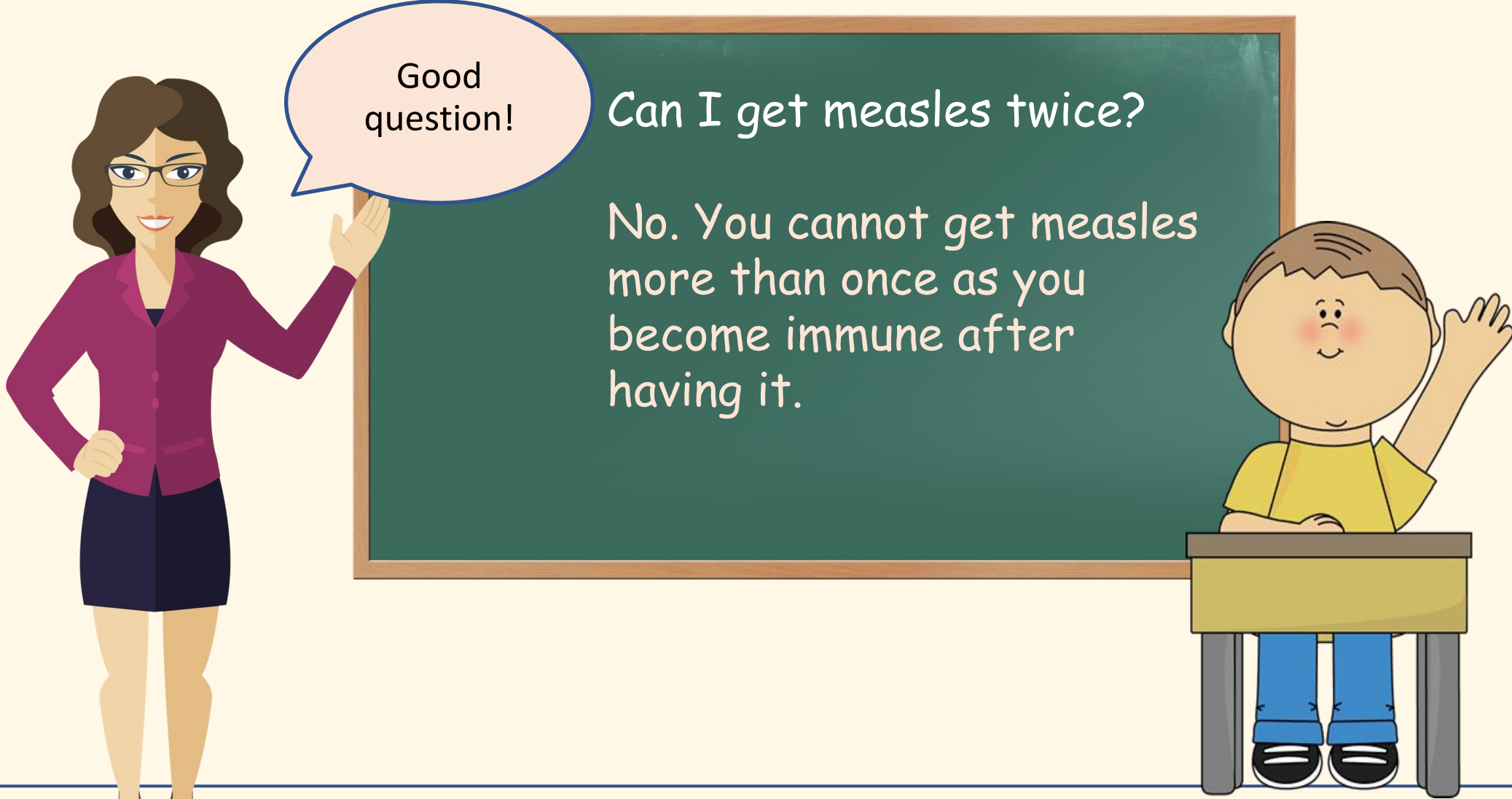


See a doctor immediately if you have any of these symptoms:

- Onset of pneumonia
- A severe headache that is sensitive to light
- You feel faint or have loss of consciousness
- Experience convulsions or seizures



Can I get measles twice?




Good question!

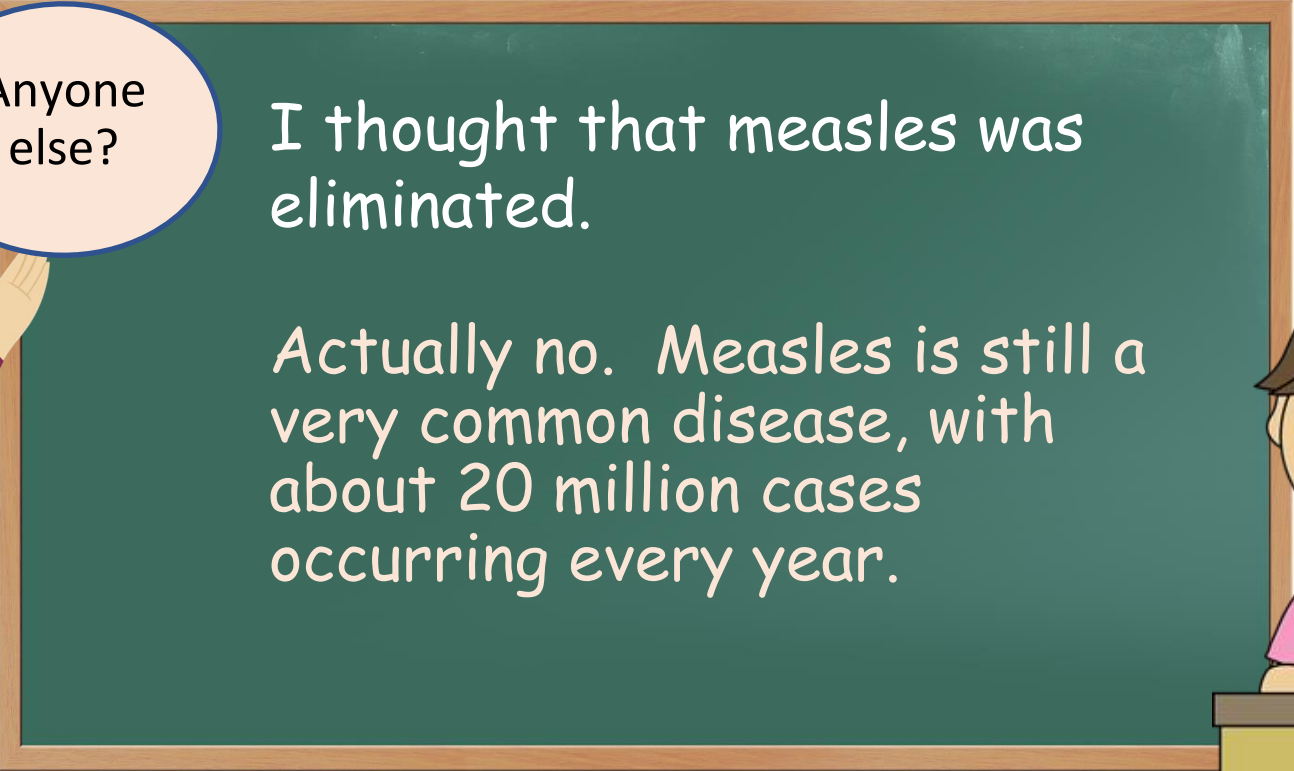
Can I get measles twice?

No. You cannot get measles more than once as you become immune after having it.

Questions?

A female teacher with brown hair and glasses, wearing a purple blazer and dark skirt, stands on the left. She is pointing her right hand towards a pink speech bubble.

Anyone else?

A large green chalkboard with a wooden frame. The teacher is pointing at the top left of the board.

I thought that measles was eliminated.

Actually no. Measles is still a very common disease, with about 20 million cases occurring every year.



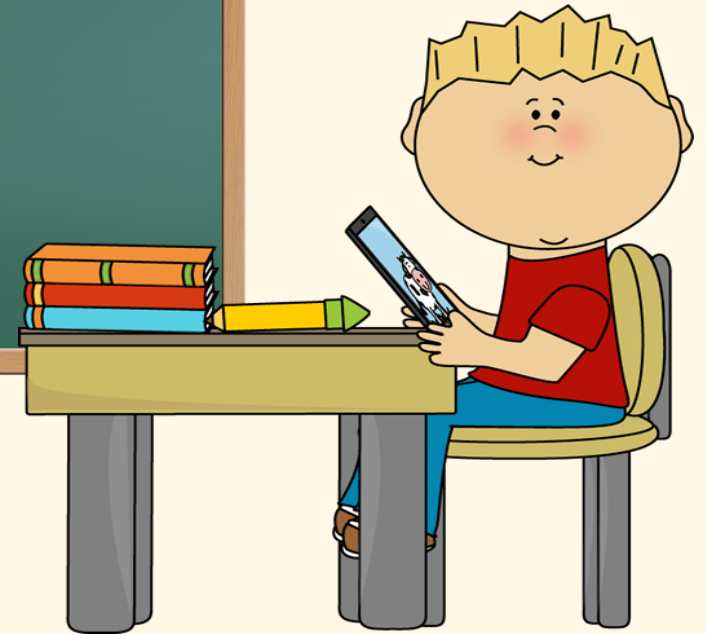
Questions?




Any more?

Can I get measles after I
get vaccinated?

It is very rare, probably not.
Vaccination is the best
prevention for this disease.



Important Points to Remember

A cartoon teacher with brown hair, glasses, a purple blazer, and a dark skirt. She is standing on the left side of the slide, gesturing towards the chalkboard with her right hand.

What did
you learn
about
Measles?

Important points to remember about Measles:

- Measles is a very contagious viral infection that is serious for small children.
- *Get your vaccination today!*



What Belle Learned About Measles

I am very excited to tell my mom
what I learned today about Measles.

I will ask my mom to take me to the
doctor to get a Measles vaccine right
away!



Credits

- <https://www.cdc.gov/vaccines/parents/diseases/child/measles-basics-color.pdf>
- <https://www.cdc.gov/measles/about/transmission.html>
- <https://www.medicalnewstoday.com/articles/37135.php>
- <https://childrensnational.org/primary-care/wellness-resources/measles>
- <https://www.mayoclinic.org/diseases-conditions/measles/diagnosis-treatment/drc-20374862>
- <https://www.your.md/condition/measles/>

Credits

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