The Adventures of Meningitis Man

By Lauren Westhoff



This is Mark

Mark is a simple business man with a big secret.

He helps people with taxes by day and helps others who have been infected with meningitis by night.



One day on his way home from work, Mark hears a cry for help. He starts to run as fast as he can.



Barbara is calling for help!

HELP!! "I have a high fever, a severe headache, chills, and a stiff neck.

I just had a seizure and I'm scared! What's happening to me?? "



Mark quickly runs behind a

building and.....





He transforms into Meningitis Man!!

YouLearn Educational Series

Meningitis Man Reaches the Scene!

Barbara, it's a good thing you called for help!

Those symptoms sound like you might have Meningitis! This is very serious ! I am here to help!



I need help Meningitis Man!

Thank you Meningitis Man for coming to my rescue!! I am very sick and don't know what to do!

Why do you think I have Meningitis? And what is Meningitis anyway??



What is meningitis?

There are 2 kinds of Meningitis: Viral & Bacterial Meningitis

Meningitis is an inflammation of the membranes that cover the brain and spinal cord.

Viral meningitis is more common than bacterial meningitis, however, the symptoms start out the same.



What is meningitis?

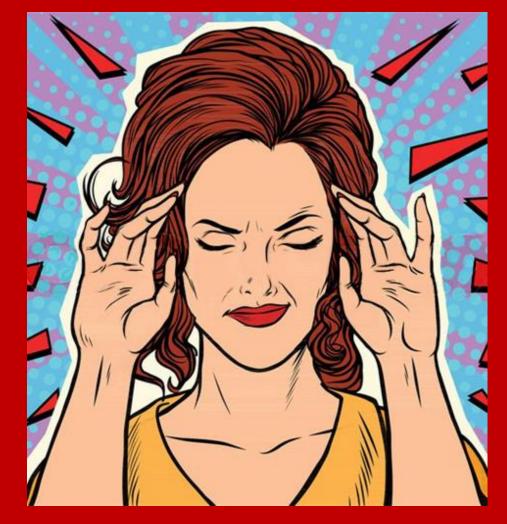
Bacterial meningitis is a more serious bacterial infection of the membranes that cover your brain and spinal cord.

Only a doctor can test to see if you have meningitis and what type it is. Bacterial meningitis is very serious and may require hospitalization to prevent brain damage or death if left untreated.



How do you get meningitis?

- You can get meningitis from ear or sinus infections or skull fractures.
- Avoid contact with people who are sick with any type of meningitis.
- Avoid close contact with an infected person's body fluids, such as saliva and nasal secretions.
- Avoid sharing drinks, utensils, and personal items.



How do I prevent meningitis?



- In order to prevent bacterial meningitis, it is recommended to get vaccinated.
- Practice good hygiene.
- Wash your hands with soap and water after using the toilet and before handling any food.
- Speak to your doctor if someone you live or work with has meningitis.

Are there home remedies?

- Get plenty of rest
- Drink lots of fluids
- Take fever reducer medicine.
- Also be sure to wash your hands and practice good hygiene.



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See your doctor!



But first you need to go to the doctor!

I will take you there right away! Do not take any risks with meningitis as it is very serious.

Prevent Meningitis with Vaccinations

Barbara is going to be ok!

She went to her doctor who gave

her medicine to get well.

Now she tells her friends how to prevent getting this serious disease.

Thank you Meningitis Man!!



Prevention is the best strategy



No problem ma'am! Don't forget to call if you need help, after all I am.....





- Meningitis. (2019, January 8). Retrieved from https://www.mayoclinic.org/diseases-conditions/meningitis/symptoms-causes/syc-20350508
- Meningitis Now. (2020, March 25). Top 5 Myths About Meningitis. Retrieved from <u>https://www.meningitisnow.org/support-us/news-centre/news-</u>stories/top-5-mythsabout-meningitis

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