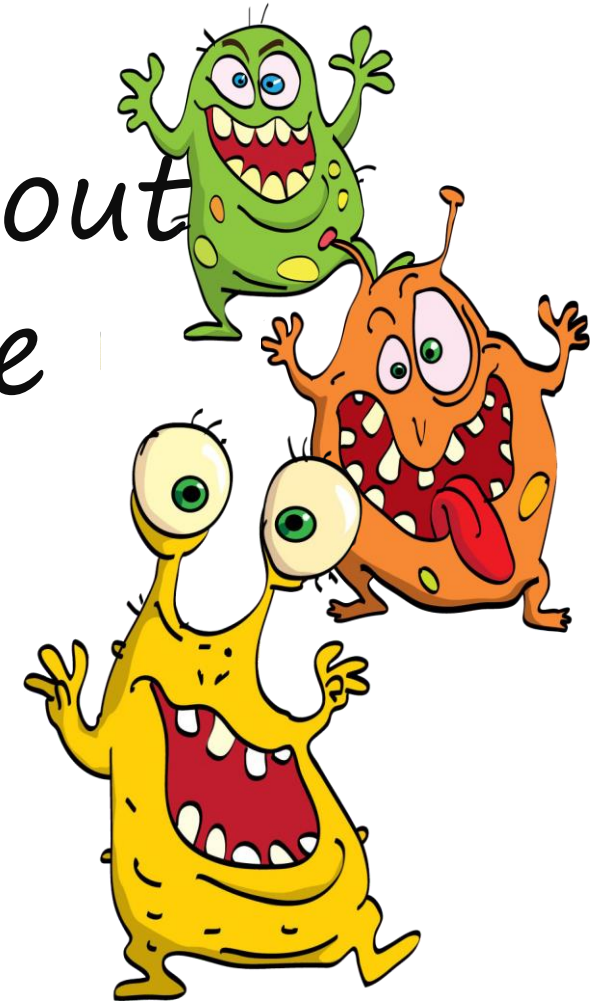



Tiana Teaches About Typhoid Disease

By: Savannah Nguyen



Before going to school, Tiana washes her hands, fruit and drinks a cup of clean drinking water.





Good morning
class!!! Today, we will
learn about Typhoid
Disease.

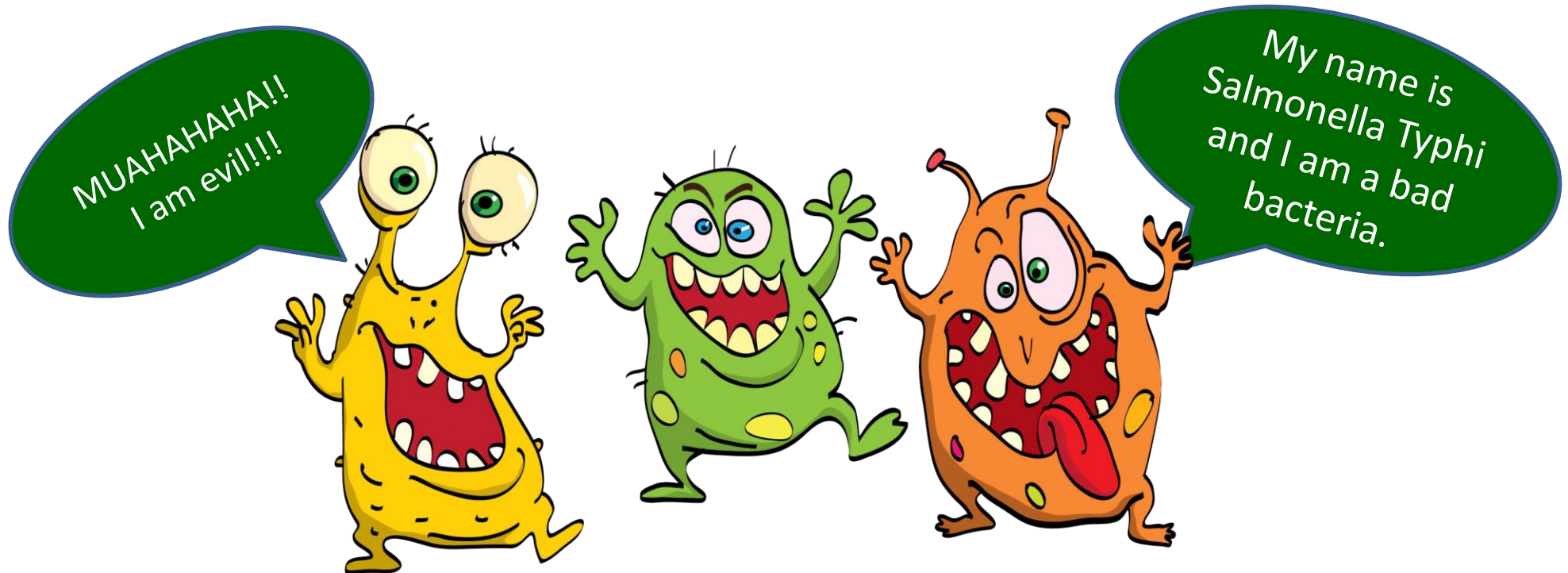
Typhoid Disease


Good morning
Mr. Bob!!!

What is Typhoid Disease?

Typhoid is caused by a bacteria called Salmonella and is spread by eating or drinking food or water contaminated with the feces (poop) of an infected person.

Common causes are poor sanitation and poor hygiene.





Typhoid is very serious
and can make you very
sick.

What does Typhoid
Disease do?

What can it do
Mr. Bob?

Symptoms of Typhoid Disease

Typhoid symptoms vary from mild to severe, and usually begin 6 to 30 days after exposure. A high fever may develop over several days along with stomach ache and mild vomiting.

Fever



Stomach ache



Nauseas



Symptoms of Typhoid Disease

Other symptoms may include headaches and skin rash. Without treatment, symptoms may last weeks and can be fatal. Typhoid is extremely contagious.

headache

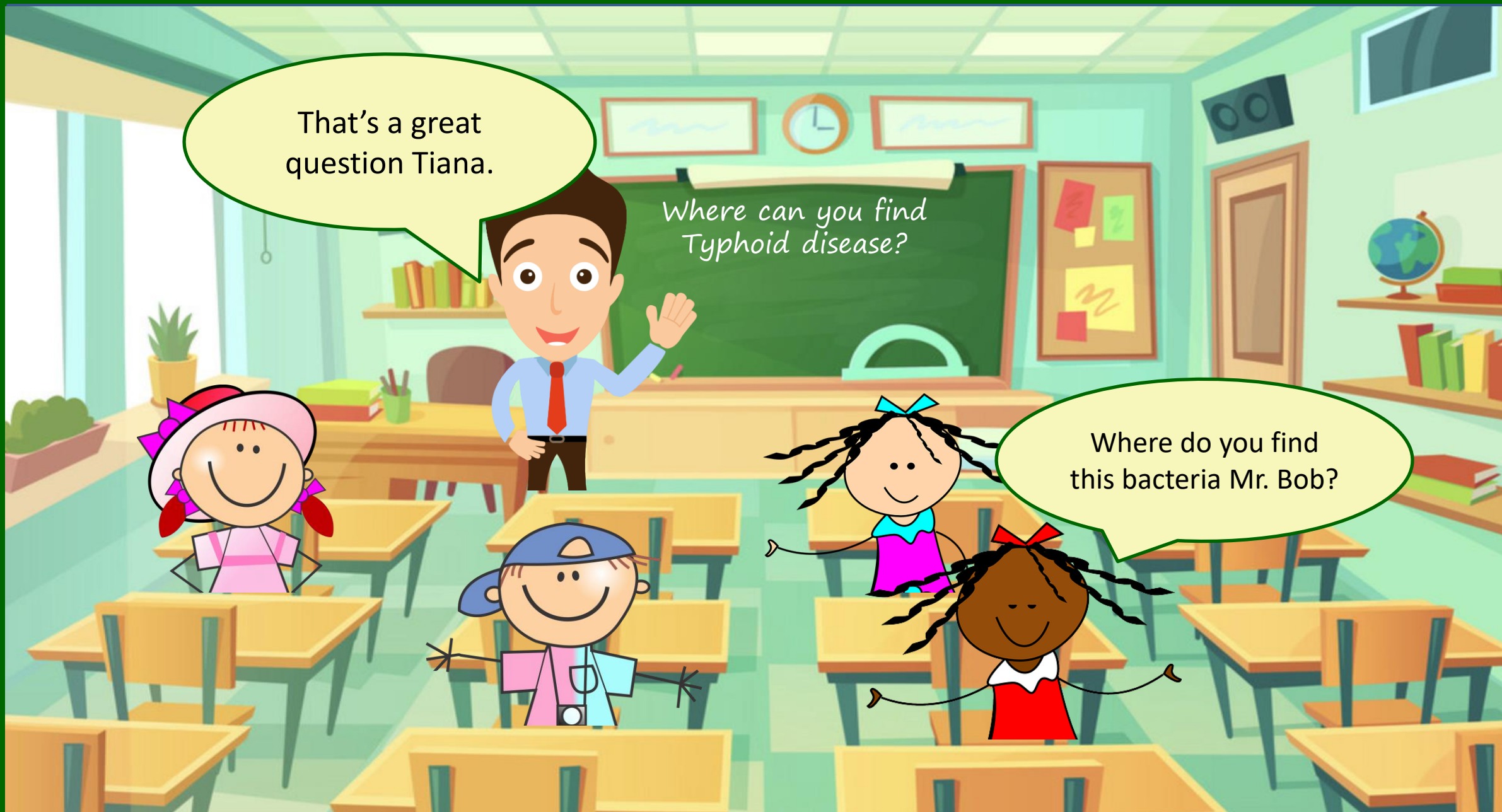


Skin rash



death





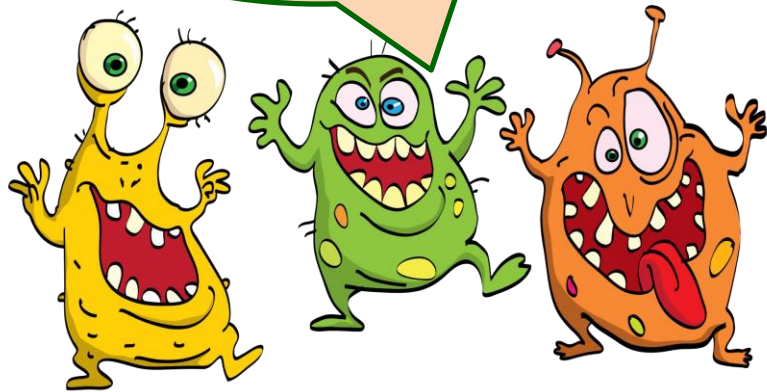
That's a great question Tiana.

Where can you find Typhoid disease?

Where do you find this bacteria Mr. Bob?

Where do you find typhoid disease?

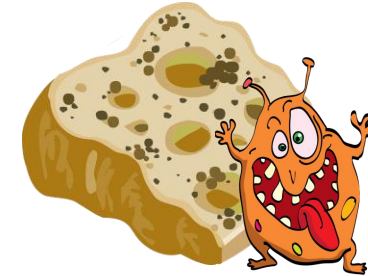
You can find us
anywhere where
it's dirty! We love
dirt and poop!!



Dirty water



Dirty food



Dirty hands

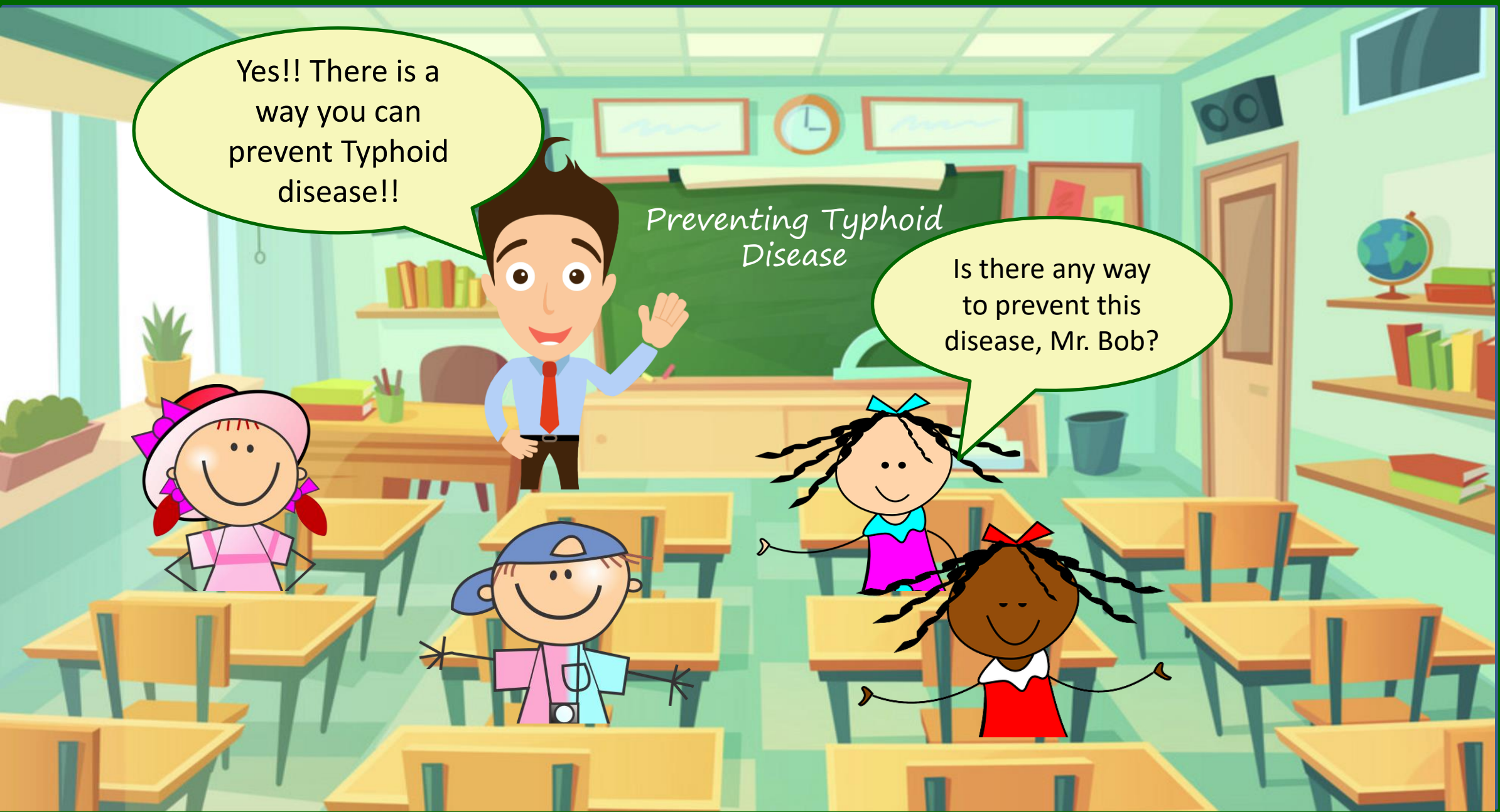


Infected people



Poop





Yes!! There is a way you can prevent Typhoid disease!!

Preventing Typhoid Disease

Is there any way to prevent this disease, Mr. Bob?

Preventing Typhoid

Good hygiene and sanitation are extremely important to avoid typhoid.

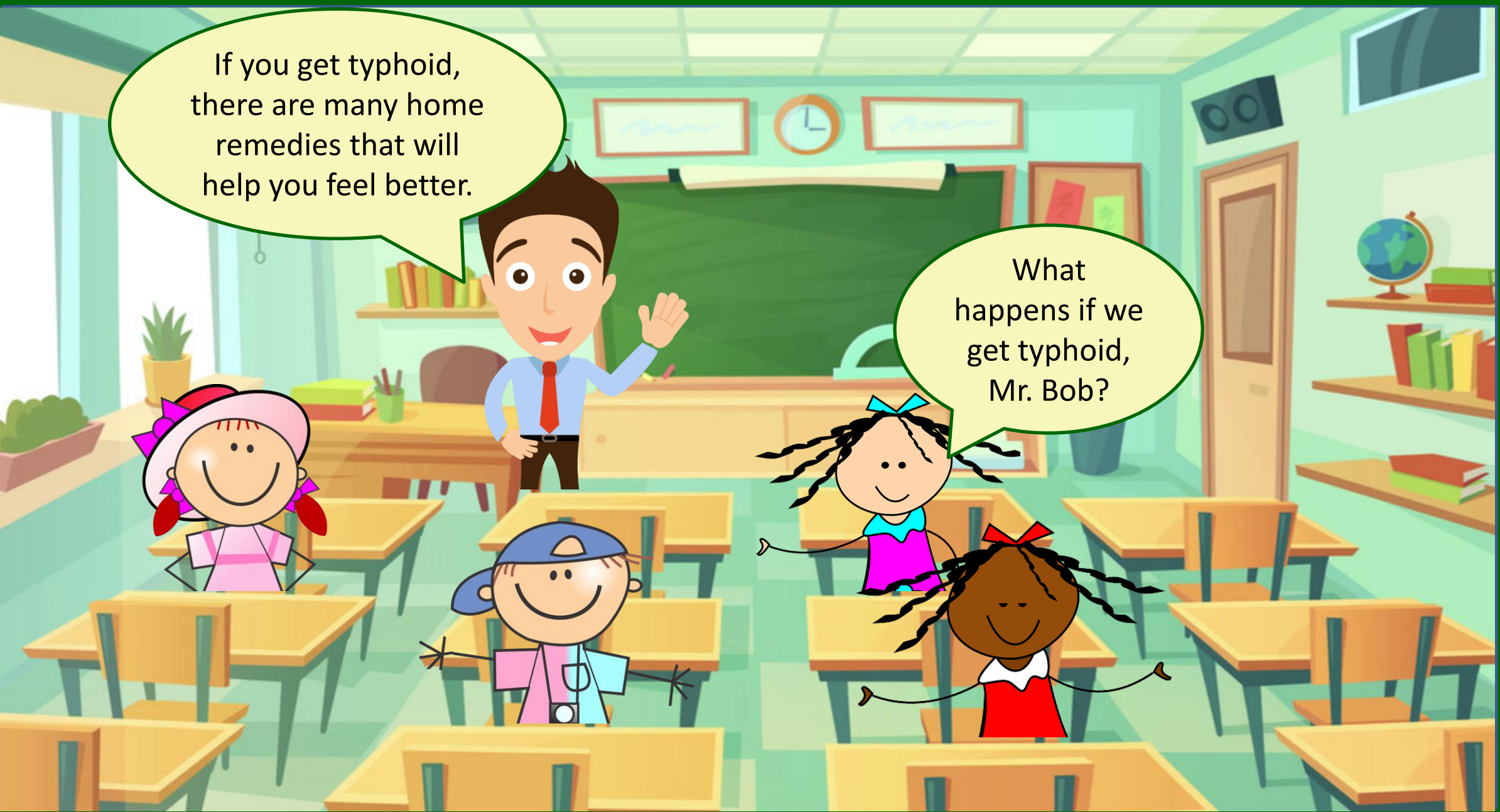
- Wash your hands often with soap and water.
- Make sure your drinking water is clean and safe.
- Vaccinations are recommended to prevent typhoid.



Preventing Typhoid

- Make sure to wash all fruits and vegetables with safe water.
- Do not eat foods that are hard to wash, such as lettuce.





If you get typhoid,
there are many home
remedies that will
help you feel better.

What
happens if we
get typhoid,
Mr. Bob?

Home Remedies for Typhoid

You can eat basil or drink tea with basil leaves, to fight off some of the bad bacteria.



Home Remedies for Typhoid

Eating garlic is another home remedy that helps fight the bacteria in your blood stream and boosts your energy.



Home Remedies for Typhoid

- Use a clean damp cloth to wipe down the forehead, arms, feet and hands when someone has a high fever.
- Stay hydrated, drinking lots of clean, safe water.



*When it's time to go
to the doctor.*

**Go to the doctor
right away if you
have a high fever of
104 degrees!**



Going to the Doctor

- Not all home remedies will bring down a high fever.
- The doctor will give you an antibiotic medicine to make you feel better and to get well.





Myths

I heard that you can only get typhoid by breathing gas from the sewer.

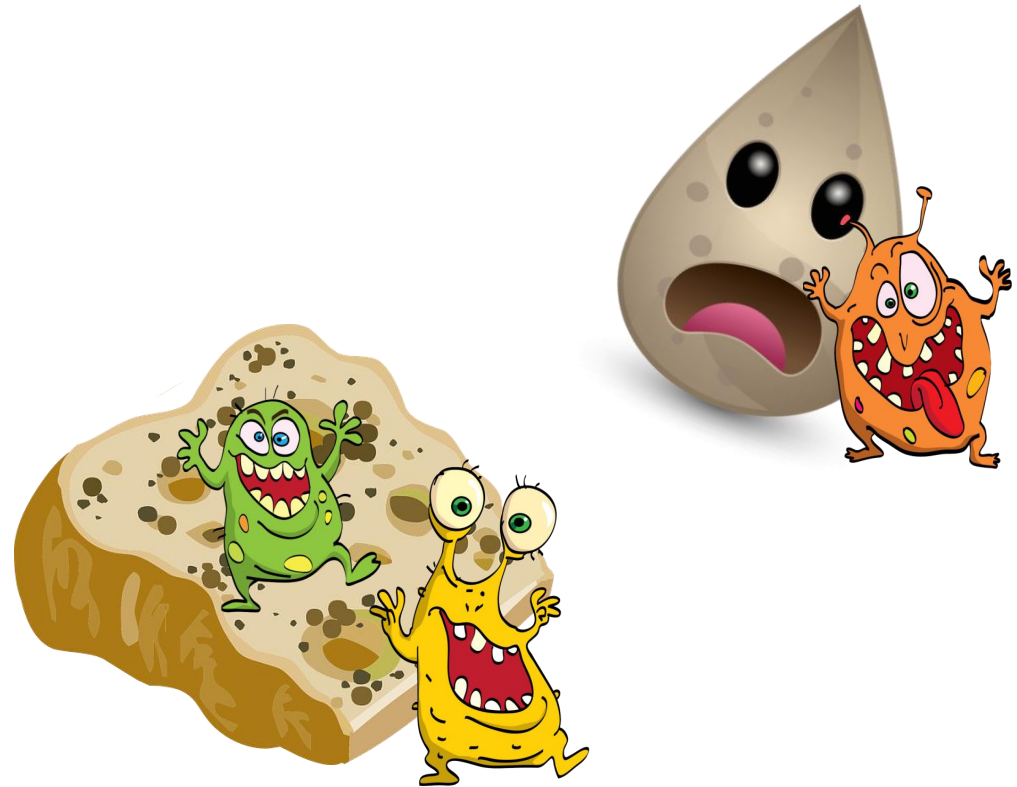
No, that is not true.
There are many
myths about
typhoid.


Myths



Myths

- Typhoid disease does not come from smelling dangerous sewage gases.
- Typhoid is caused from the bacteria *Salmonella Typhi* that can contaminate water and food.





Well that is all we have to learn today! Make sure to stay safe and keep away from bad bacteria!

Typhoid disease

Thank you Mr. Bob for teaching us all about Typhoid disease!!

The next morning Tiana was running late for school. She forgot to wash her hands, clean her fruit, and drink a cup of clean water.




Tiana really wants to eat her fruit but she knows she shouldn't because her hands are dirty and covered with bad bacteria.




Along the way, she meets a man and asks him if she can wash her hands and fruit.





Oh no!! Didn't you know that unclean water contains lots of bad bacteria?

No I didn't know!
I thought all water was clean!



Well sir, let me teach
you about the disease I
learned in class
yesterday!

Yay!! I love
learning new
things.

From that day on, Tiana taught everyone she met about typhoid disease. Now, the whole village knows how to prevent getting typhoid!



Sources

- <https://www.mayoclinic.org/diseases-conditions/typhoid-fever/symptoms-causes/syc-20378661>
- <https://www.msn.com/en-in/health/familyhealth/typhoid-fever-check-out-the-home-remedies-which-ease-the-pain-during-typhoid-fever/ar-BBYhReK>
- <https://www.coalitionagainststtyphoid.org/how-was-typhoid-eliminated-in-the-past/>
- <https://www.who.int/news-room/fact-sheets/detail/typhoid>

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